

Editorial

Autism: Evidence of Endogenous Poisoning

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Abstract

Ruth Whalen, a medical technologist with extensive knowledge of biochemistry, recovered from a 24-year course of central nervous system poisoning due to caffeine, other FDA approved toxins and chronic medical misdiagnoses. She then began experiencing symptoms of neurodegeneration due to stress, FDA approved toxins in her food and pesticides on her food. No longer willing to seek traditional medical care, Ruth researched, utilized Dr. Abram Hoffer's treatment plan for mental illness, which seems to have been overlooked by the mainstream medical community for approximately 45 years, and recovered. Ruth Whalen discovered that the body has a "second gear" system, which she reasons can be activated by oxidative stress. This second gear system is composed of extra methylated chemicals, including 3-O-methyldopa, a cytotoxic biochemical. According to Ruth Whalen, any substance or situation that causes the adrenal glands to be over stimulated can cause endogenous toxicity, which she proposes has been erroneously diagnosed as pesticide poisoning, autism, Parkinson's disease, Alzheimer's disease, and other named disorders.

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