

A case of medically unjustified treatment with multiple mega doses of vitamin C with thyroid hormones that caused serious adverse reactions in a woman

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Abstract

Christine, a 40-year-old white female, suffered suddenly from a fatigue syndrome in August 2000. Her blood and urine analyses, chest x-ray, and abdominal ultrasound exam were normal. She consulted with several physicians who treated her symptoms and she made progressive recovery in her health. In February 2003, she felt that she had about 80% of her energy back and she was working full time. However, she consulted with a physician in California to get her full energy back and he recommended a detoxification treatment plan with high doses of vitamin C, glutathione, minerals, and vitamins. He gave her 39 intravenous injections of vitamin C (10-35 g per injection), glutathione (0.4-2.0 g per injection), calcium, and other vitamins for about 10 months. In addition, he also treated her with therapeutic doses of levothyroxine and cytomel for more than a year, although she had normal thyroid functions.

Christine's clinical record indicates that she suffered from symptoms of hypercalcaemia and calciurea as a result of her treatment with vitamin C and calcium. The treatment with thyroid hormones also aggravated her condition and she became 100% disabled. I have not found any medical justification for the use of detoxification agents or the treatment with thyroid hormones in this case. Christine's blood, urine, and hair analyses revealed that she was not exposed to chemicals at her workplace or home or ingested toxic chemicals. In addition, Christine's blood thyroid hormones levels were within the normal range and she was not suffering from hypothyroidism.

Note: This isolated case illustrates a practitioner's failure to appropriately utilize vitamin and drug products in the practice of medicine. It does not reflect in any way on the safety or on the appropriate use or levels of use of vitamin or drug products in a patient needing them. Dan Burton, Congressman representing the 5th District of Indiana, in a Congressional hearing reported, "106,000 people die a year from prescription drugs, ... with just 16 deaths reported last year [from using a dietary supplement]."

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