

Sound bodies through sound therapy

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Abstract

Sound therapy supports more than one's hearing skills. Davis has created *The Tree of Sound Enhancement Therapy* as a model for understanding the many different existing sound-based therapies as they relate to how the body hears, processes, understands, and modifies our response to sound. The *Diagnostic Evaluation for Therapy Protocol*, a test battery, was developed to identify the most appropriate sound-based therapies for each individual. The Tree and diagnostic battery support the five laws connecting the voice, ear, brain connection as established in the *Tomatis Effect* and the *Davis Addendum to the Tomatis Effect*. This overview shares the foundations for understanding why maximum learning is supported by maximum wellness with the use of sound-based therapies.

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