

A review of various abilities improved after the basic Tomatis Method Program for autistic, Williams syndrome, and ADHD children

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Abstract

Utilizing an 'Abilities to Be Improved' and an 'Abilities Improved' Form pre and post the basic Tomatis Program of 60 hours of listening, parents of 100 autistic children, 5 Williams syndrome children, and 11 ADHD children noted changes in their children. The areas of change were as follows: (1) academic achievement, thinking, learning, (2) attention, (3) behavior, (4) creativity, (5) interpersonal growth, (6) intrapersonal growth to know and express self, (7) well-being, (8) listening and speech, (9) reading, writing, and spelling, (10) movement, sports, and rhythm, (11) musical and vocal skills, and (12) relaxation. The results demonstrate the most significant changes occur in the areas of Interpersonal skills for autistic children, Academic Achievement, Thinking, and Learning, and Attention for Williams syndrome children, and Attention for ADHD children.

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Keywords: autism, Williams syndrome, ADHD, Tomatis Method: