

# Application of the acoustic-vibrational Musica Medica method in medicine and special education

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## Abstract

Musica Medica is a modern method of stimulating the human body and brain with music and its vibrations. It uses two sensory inputs, touch and hearing and initiates enhanced brain reactions. As a result of this, it gives better pedagogical and therapeutic results. This stimulation causes changes within the neural network within the brain, not only temporary emotional changes but also permanent changes like the improvement of concentration or the disappearance of pain. Using the latest methods of brain research, where the activity of neurological structures can be viewed, an old truth that music is a cure for both “body and soul” has been verified.

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