

Manual medicine of functional disorders in children

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Abstract

Manual Therapy in Children (MTC) deals with the dysfunction of the (cervical) spine during a crucial period of neuro-motor development. Based on 25 years of clinical experience this biomechanic and neuro-developmental framework is presented and the effects of a malfunction of the cranio- cervical junction are shown. The concept of KISS (kinematic imbalances due to sub-occipital strain) is proposed as a diagnostic tool to bring together the diverse symptoms caused by it. These start in the first weeks of life with cry-babies and colic, later fixed posture—torticollis—and retardation of the motor development. In school children the symptoms become more diffuse and are summarized under the acronym KIDD (KISS-induced Dyspraxy & Dysgnosy). The basics for diagnostic and therapy are presented.

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