Interview with Sally Goddard Blythe: reflexes—intrauterine, primitive, and postural

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Abstract

This interview discussed the role of primitive and postural reflexes in development of the central nervous system. Primitive and postural reflexes are present at key stages in development. An individual’s reflex profile reflects maturity in the functioning of the central nervous system and can be used to evaluate possible causes of presenting developmental difficulties, provide indications of appropriate remedial intervention and measurements of change before, during and after intervention. Methods of assessment and types of remedial intervention developed at The Institute for Neuro-Physiological Psychology (INPP) in Chester, UK are discussed in relation to specific learning disabilities, sensory processing problems and autistic spectrum disorders.

Keywords: primitive and postural reflexes, learning disabilities, sensory processing, autistic spectrum disorders, school programs, interhemispheric functioning, myelination