

Editorial

Interview with Dr. Jaquelyn McCandless concerning medical evaluation/treatment for autism spectrum disorder

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Abstract

Autism is treatable, and the younger we can start the better. However, it's never too late to start helping these medically ill children gain better health. Infant vaccinations with toxins and antibiotics have damaged their gastrointestinal tracts and immune systems. We have learned that gut health is primary on the healing path, and a restrictive diet (no casein, gluten, soy, or sugar) is the first and best strategy parents can use to start their children toward recovery. Once we stop food intake that keeps their guts inflamed and utilize helpful laboratory studies to guide us, we give them nutrients required to feed their starving brains and can properly treat and then prevent gut infections that cause so many stool problems. We can begin correcting their impaired methylation and folate metabolism with newer exciting treatments such as methylcobalamin injections which help their methylation and detoxification mechanisms work more efficiently. We have learned ways of chelating the heavy metals from their bodies with mild agents that aid detoxification such as TTFD to more serious but very safe chelation agents such as DMSA and now also DMPS in a very effective and non-invasive transdermal form. These and other immune-enhancing strategies help us manage viral infestations which tend to accompany toxic insults, often without prescriptives. This broad-spectrum bio-medical protocol is bringing great improvement and even recovery to unprecedented numbers of ASD children now.

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