

# **Ongoing caffeine anaphylaxis: a differential for mental illness**

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## **Abstract**

Caffeine, a monoamine oxidase inhibitor (MAOI), sensitizes, causes masked allergic response, anticholinergic effects and other biochemical abnormalities. When the disorder is wrongly diagnosed and an allergic patient continues ingesting caffeine, the patient suffers ongoing caffeine anaphylaxis fight or flight toxicity, chronic allergic response. Ongoing caffeine anaphylaxis alters homeostasis by increasing neurotransmitter and hormone output, causes cerebral vasculitis, breaks down cell walls, generates cerebral toxicity, toxic dementia, rhabdomyolysis, hyperglycemia, ataxia, adrenal exhaustion and other physical disorders. This article discusses the majority of biochemical abnormalities accompanying ongoing caffeine anaphylaxis and relating to mental illness. The author suggests that physicians look for signs of caffeine anaphylaxis before diagnosing and stigmatizing patients with symptoms of mental illness with a mental disorder. Ongoing caffeine anaphylaxis is a physical condition confused with and diagnosed as mental illness.

*Keywords:* caffeine, allergic response, anaphylaxis, biochemical abnormalities, mental illness